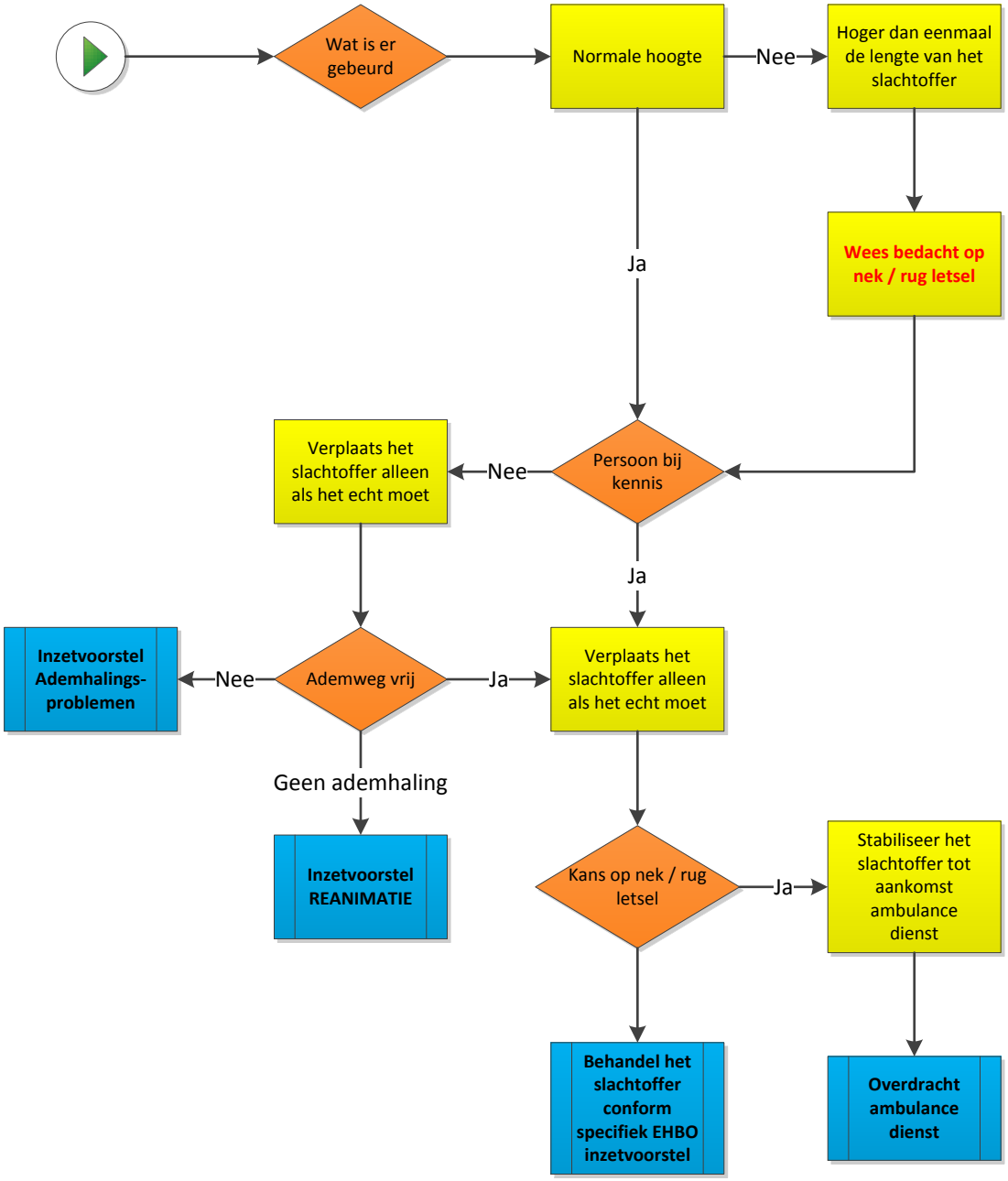EHBO: valpartij